## CATARACT & IOL:

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A cataract is a clouding of the lens in the eye leading to a decrease in vision. It can affect one or both eyes. Often it develops slowly.





Common symptoms of cataracts: Blurry vision Trouble seeing at night Seeing colours as faded Increased sensitivity to glare Halos surrounding lights Double vision in the affected eye A need for frequent changes in prescription glasses

## <u>Risk Factors of Cataracts</u> Older Age Previous Eye Injury Radiations Genetic Factor Smoking/Alcohol Use Medications Sun Exposure Diabetes

Other diseases

## Treatment of Cataracts

Surgery is recommended when cataracts prevent you from going about your daily activities, such as reading or driving.

There are a number of different surgical techniques used in cataract surgery.

- Phacoemulsification cataract surgery
- Extracapsular cataract extraction (ECCE)
- MICS (Micro Incision Cataract Surgery)
- SICS (Small Incision Cataract Surgery)
- Traumatic & Complicated Cataract Surgery
- Pediatric Cataract surgery
- Secondary IOL (Scleral or AC IOL)
- Toric IOLs (Intraocular lens)
- Multifocal intraocular lens